## HOW TO HAVE A QUIET TIME WITH LITTLES

- \*Pick a children's Bible that resonates with your heart.
- \*Purchase small lineless journals. These will be your children's Prayer Journals.
  - 1. Read a section of the children's Bible.
  - 2. Say a prayer. You go first and let your children know they will pray after you. (This gives them a heads-up.) Let each of your children pray.
  - 3. Turn on some praise and worship music and tell your children to draw what the Bible story was about. Or give them a journal prompt to draw such as, "What do you think about God?"
  - 4. Have your children repeat a simple verse like
    John 3:16 after you to eventually memorize it.

